

## **Evaluation of Quality Properties of Bread Made from Sun and Mechanical Dried Corn Flour**

Joysree Roy<sup>1,2,\*</sup>, Md. Nazrul Islam<sup>2</sup>

<sup>1</sup>Department of Food Engineering and Technology, Hajee Mohammad Danesh Science and Technology University, Dinajpur, Bangladesh <sup>2</sup>Food Technology and Rural Industries, Bangladesh Agricultural University, Mymensingh, Bangladesh

\*Corresponding author: joysree.tithi.18@gmail.com

Received November 18, 2019; Revised December 25, 2019; Accepted January 26, 2020

**Abstract** In recent time, the market of lower gluten content or gluten free bread has expanded because of its being congenial to celiac patient. The purpose of this investigation was to extensively study the proximate composition and sieving analysis of raw, sun and mechanical dried corn flour, furthermore, the quality parameters of bread were also evaluated. After sun and mechanical drying of corn samples, grinding was carried out. Proximate analysis showed that mechanical dried corn flour contains higher amount of protein, fat, ash and carbohydrate content than fresh and sun dried samples. Then, flour made of corn dried at 50°C gave highest co-efficient of determination ( $r^2$ =0.857). After that, bread was prepared from sun and mechanical dried corn flour breads was higher than that of mechanical dried corn flour breads and this property of the breads was progressively decreased with increasing level of corn flour in bread formulation. Additionally, mechanical dried corn flour breads got the higher scores for hardness test than the sun dried samples. Sensory evaluation of bread samples containing sun and mechanical dried corn flour and control bread was conducted. It was found that bread containing 5 % flour from corn dried mechanically at 50°C gave the best bread and obtained score was ( $89\pm4.00$ ) and was closely followed by sun dried corn flour at similar substitution level.

### Keywords: modulus of fineness, sensory evaluation, corn flour, bread, hardness

**Cite This Article:** Joysree Roy, and Md. Nazrul Islam, "Evaluation of Quality Properties of Bread Made from Sun and Mechanical Dried Corn Flour." *American Journal of Food Science and Technology*, vol. 8, no. 1 (2020): 29-35. doi: 10.12691/ajfst-8-1-4.

## **1. Introduction**

In many countries corn (*Zea mays* L.) plays a major role in nourishment. Regarding the cultivation areas and total production, maize together with rice and wheat is the most cultivated cereal in the world. With bright market potential, the cultivable area for corn increased dramatically during the last few years. But, since these systems grew in significance only during the 2000s, concerns over their sustainability have emerged only recently.

Maize flour contains high level of many important vitamins and minerals, including potassium, phosphorus, zinc, calcium, iron, thiamine, niacin, vitamin B6, and folate and it can be used as substitution along with wheat flour [1]. Kent [2] reported the proximate composition of whole maize flour in the study of the maize variety-dent which has protein content of about 9.4%, fat 4.1%, ash1.4%, crude fibre 2.0% and carbohydrate 72.1%. The composition of maize grain varies with variety, soil and environment. The proximate composition (%) of dehulled degermed maize flour was crude protein (7.46  $\pm$  0.27), crude fat (1.42  $\pm$  0.34), ash (0.2  $\pm$  0.03), crude fibre

 $(0.51 \pm 0.01)$ , carbohydrate 79.46 and the whole maize flour as crude protein (8.20 ± 0.07), crude fat (6.02 ± 0.63), ash (1.51 ± 0.16), crude fibre (1.84 ± 0.05) and carbohydrate 74.14 [3].

Although baked cereal products made from wheat flour are consumed worldwide, some individuals present intolerance to wheat, and to other cereal grains such as oats, rye, and barley. This intolerance, called celiac disease, seriously impairs intestinal absorption and can lead to a severe malnutrition. In this regard, non-wheat cereal products such as corn can be used for celiac patients. Celiac disease is an unremitting disorder resulting from an immune reaction to certain cereal proteins. Most toxic elements for celiac are wheat proteins:  $\alpha$ -,  $\beta$ - and  $\gamma$ -gliadin, high molecular weight glutenins, along with secalin from rye, hordein from barley and avenin from oat [4]. Gluten plays a vital role in development of bread by giving cohesiveness. It helps to retain the  $CO_2$  produced during fermentation and this gas expansion causes wheat breads to increase volume and attain acceptable crumb texture [5]. Although maize is a gluten-free cereal, it is suitable to produce foods addressed to celiac patients [6].

In recent years, most of the developed countries in the world, a large volume of breads are being prepared from the mixture of corn flour and wheat flour. Addition of rice or corn flour to wheat flour resulted in a suitable flour for biscuit manufacture, giving improved dough processing properties and crumbliness of finished biscuits [7]. Bread and cake made from corn flour are the main food items in Mexico, Chili, Ecquador and Guatemala. Corn flour is also used as a replacement for wheat flour to make cornbread and other baked products [8]. In addition, by substituting part of the wheat flour with maize flour in any product the costs can be reduced [9].

Regarding the importance and points mentioned above, the objectives of present study were as follows: (i) To determine the proximate composition of fresh, sun and mechanical dried corn flour and (ii) To evaluate the physical, textural and organoleptic properties of breads made from sun and mechanical dried corn flour.

## 2. Materials and Methods

#### 2.1. Proximate Analysis

Proximate chemical composition represents the gross content of important chemical constituents-moisture, protein, fat, carbohydrate, and ash. The study of the proximate composition serves as an important base to study the nutritive quality of corn. The moisture, protein, fat, ash and gluten content of the samples were determined adopting AOAC [10] method.

#### 2.1.1. Total Carbohydrate

Total carbohydrate content of foods has, for many years, been calculated by difference, rather than analyzed directly. Carbohydrate content of the samples was determined by subtracting the measured protein, fat, ash and moisture from 100.

#### 2.2. Bulk Properties

Bulk density was determined by the method of Murphy et al. [11]. The sample was filled into a 10 ml graduated cylinder up to the 10 ml mark. Then weight was taken.

#### 2.3. Drying of Corn

#### 2.3.1. Mechanical Drying

Forced convection hot air type cabinet dryer was used for drying corn. Fresh corns of known moisture content were placed in trays and drying commenced in the drier at 40°C, 50°C and 60°C with a constant air velocity and air dry bulb temperature. The velocity of air was measured (0.6 m/sec.) by anemometer. Weight loss was used as a measure of extent of drying and samples were dried until it came to the equilibrium condition.

#### 2.3.2. Sun Drying

Corn was evenly spread on tray of known loading density and kept outside when the sun was shining. After every hour, the corn was collected and weighed, and again spread on the tray for drying as long as bright sunlight was available.

#### 2.4. Sieving Analysis

The raw, sun and mechanical dried corn was ground with a grinder, were put on the top sieve, and shaken for few minutes. Then the mass of the sample left on each sieve was measured.

#### 2.5. Formulation of Bread

After grinding the corn flour was used as substitution with wheat flour for making bread. A variety of other non wheat flours such as rice flour [12], yam flour [13], maize flour [1] and sorghum flour [14] have been tested as substitutes for wheat flour in bread formulations and reported that a level of 20% is the upper limit for substitution without there being a change in consumer acceptance of the bread [15].

Table 1. The formulation of breads from sun and mechanical dried corn flour

Ingredients	412	314	418	515	318
Corn flour	0	10 g	10 g	16 g	16 g
Wheat flour	200 g	190 g	190 g	184 g	184 g
Yeast (dry)	5 g	5 g	5 g	5 g	5 g
Sugar	10 g				
Salt	5 g	5 g	5 g	5 g	5 g
Fat (dalda)	10 g				
Water	135 ml				
*Bread Improver	1.20 g				

[Here, 412 = Control bread (100 % Wheat flour), 314 = Bread with 95% wheat flour and 5% sun dried corn flour, 418 = Bread with 95% wheat flour and 5% mechanical dried corn flour, 515 = Bread with 92% wheat flour and 8% sun dried corn flour, 318 = Bread with 92% wheat flour and 8% mechanical dried corn flour]

\*Bread improver consists of a mixture of Potassium bromate 0.03 g, Ascorbic acid 0.05 g, Calcium sulphate 7.05 g, Ammonium chloride 5.0 g, Malt flour 36.70 g.

#### 2.6. Procedure for Preparation of Bread

The gluten content required for bread is 12-14 %. From calculated value, corn flour can be used with wheat flour upto 9% as substitution. Corn dried at 50°C gives better particle size and can be conveniently used for milling and baking industry [16]. The breads were prepared as the following way from 5% and 8% sun and mechanical (50°C) dried corn flour with wheat flour. All the ingredients were weighed and then mixed in a mixer machine for about 10 min. to make control bread and breads from corn flour. The prepared doughes were set aside for 2 hrs while fermentation proceeded. After 2 hrs doughes were "Knocked back". Again "Knock back" the dough and rested for about 1 hr. Then the dough was divided into loaf size portion and these were roughly shaped. The dough pieces were rested at about 27°C for 10-15 min. (1st proof) and moulded into final shape. The doughes were rested again in the baking pan for the final proof of 60 min at 37°C. Then it was baked in the oven at a temperature of 230°C for 40 min. The loaves were allowed to cool for a minimum of 2 hrs. at 24°C before evaluation.

## 2.7. Evaluation of Bread by Objective Analysis

Various parameters were sub-divided into external parameters (colour and texture of crust) and internal parameters (colour, texture and structure of crumb, presence of air cell, air cell size). The bread volume was determined by seed displacement method [17], the weight and specific volume of backed bread were also measured.

#### 2.8. Evaluation of Hardness

Hardness of the bread samples was performed with an instrumental penetration test using a Texturometer (GY-4, Yueqing Handpi Instruments Co., Ltd., China) equipped with high precision sensor. The pretest, test and post-test speed were 1.0 mm/s. The depth of the bread was 12 mm. Texture was expressed as the maximum force as the test cell penetrated to a depth of 10 mm into the sample [18]. For the analysis the slices were cut in 1 cm thickness. The mean of three determinations was calculated for each bread sample.

#### 2.9. Sensory Evaluation of Breads

The sensory evaluation of five types of breads like control bread and breads from 5% and 8% sun and mechanical dried corn flour (50°C) were evaluated for external and internal parameters by 30 tasters. The external and internal parameters were collected from the bread score report as used by the American Institute of Baking. The external, internal and total parameters were numbered within 30, 70 and 100 respectively. One slice from each bread was presented and the samples were randomly coded.

#### 2.10. Statistical Analysis

The results were evaluated by one way ANOVA using SPSS program (IBM Corporation, Inc, 2013, version 22). Duncan's Multiple Range Test (DMRT) was used to differentiate the mean values significantly.

## **3. Results and Discussion**

## 3.1. Proximate Composition of Corn Flour and Wheat Flour

After grinding, the proximate compositions of corn flour and wheat flour were analyzed and those were shown on Table 2.

The moisture content of sun and mechanical dried corn flour was  $(11.37\pm0.31)$  % and  $(10.87\pm0.18)$  % respectively shown in (Table 2) and these values of corn flour were nearly similar to Leung et al. [19] who reported

12.0 % and Paucean and Man [1] observed  $(12\pm0.5)$  %. The protein, ash, fat and carbohydrate content was higher in mechanical dried corn flours than the sun dried samples. All the values for protein, fat, ash and carbohydrate content were nearly similar to Houssou and Ayernor [3] and Paucean and Man [1] for corn flour. No gluten content was found during this experiment for both sun and mechanical dried corn flour. The moisture content was  $(12.6\pm0.24)$  % of wheat flour and nearly similar value was reported by Paucean and Man [1] and it was (12.89±0.75) %. The protein and carbohydrate content found in the present study of wheat flour was higher and fat and ash content of wheat flour was lower than the value of corn flour. The gluten content of wheat flour was found (12.81±0.11) % and similar result was observed by Navickis [20] was 13.46 %.

#### 3.2. Sieving Analysis of Corn Flour

Particle size distribution is one of the most important properties of granulated materials, and it is the most important criteria in the usage of flour [21]. From Figure 1, it is clear that the amount of particles on same opening size sieves were different for raw corn, sun and mechanical dried corn. This difference occurred due to different moisture content such as 30.07 %, 11.37 % and 10.87 % on wet weight basis for raw, sun and mechanical dried corn flour respectively. Mechanical dried (50°C) sample gave more fine particles than others. Much coarse particles were obtained from raw and 60°C dried sample. At 60°C corn surface became very tough so it was very difficult to grind the sample. Sieving analysis of ground grain or complete diets are an important quality control procedure used in both commercial and on farm feed mills [22].

The highest bulk density was found 687 kg/m<sup>3</sup> and the lowest was 651 kg/m3 of sun dried and 60°C mechanical dried corn respectively. The bulk density indicates that more of the products could be prepared using a small amount of water. These values are similar to the values of Lee and Chung [23] was 638.5-742.2 kg/m<sup>3</sup> and lower than the value of ANSI [24] was 721 kg/m<sup>3</sup>. The value of co-efficient of determination was found to be higher for all the samples, which represents a good fit of the curves. Table 3 showed that the highest value of coefficient of determination,  $r^2$  (0.857) was observed for 50°C mechanical dried sample that indicates the existence of a good relationship between dependent and independent variables. The ground material is usually designated by fineness modulus number. The particles retained on sieves were measured and the modulus of fineness of raw, sun and 40°C, 50°C and 60°C mechanical dried corn were calculated and found as 2.95, 3.17, 3.25, 3.54 and 3.78. Silver [25] recommended fineness modulus of 3.6 for shelled corn. Accordingly the fineness of modulus at 50°C mechanical dried corn was the most acceptable value.

Table 2. Proximate composition of corn flour and wheat flour

Components	Raw corn flour	Sun dried corn flour (%)	Mechanical dried (50 °C) corn flour (%)	Wheat flour (%)
2.1 p. 1 10	30.07+1.54	11.37+0.31	10.87+0.18	12.60+0.24
Moisture (%)				
Protein (%)	8.67±0.11	9.45±0.11	9.59±0.12	10.30±0.15
Fat (%)	$2.80 \pm 0.05$	3.29±0.07	$3.54\pm0.09$	$1.20\pm0.07$
Ash (%)	$1.02\pm0.01$	1.06±0.03	1.12±0.04	0.90±0.03
Gluten (%)	$0.00 \pm 0.00$	0.00±0.00	$0.00\pm0.00$	12.81±0.11
Carbohydrate (%)	57.44	74.83±1.13	74.88±1.26	75.00±1.35

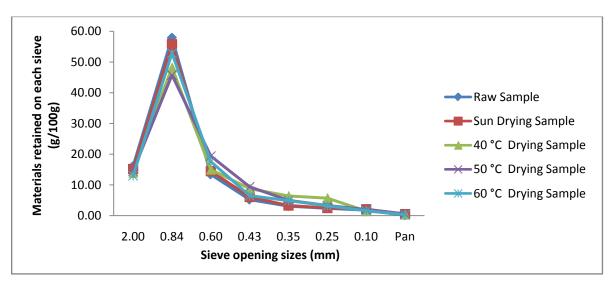


Figure 1. Graphical presentation of corn particles retained on sieves

Table 3. Bulk density, Co-efficient of determination and Modulus of fineness of raw, sun, mechanical dried (40°C, 50°C and 60°C) corn

Sample	Bulk Density (kg/m <sup>3</sup> )	Co-efficient of Determination, r <sup>2</sup>	Fineness Modulus
Raw Sample	667	0.812	2.95
Sun dried sample	687	0.852	317
40 °C Mechanical dried sample	674	0.803	3.25
50 °C Mechanical dried sample	653	0.857	3.54
60 °C Mechanical dried sample	651	0.824	3.78

## **3.3. Studies on the External and Internal** Parameters of Bread

The external parameters of breads were expressed as colour and texture of crust and internal parameters were colour, texture and structure of crumb, presence of air cell, air cell size. The physical properties of breads such as weight, specific volumes were also measured (Table 4).

The volume was affected by many factors both from the ingredients and from processing. The volume of breads was presented in Table 4. The volume of control bread was higher ( $507\pm1.00$ ) than corn flour breads. But, this is not significantly different from bread with 5% mechanical ( $50^{\circ}$ C) dried corn flour which gave the value of ( $504.00\pm2.00$ ). These two types of breads are significantly different (P<0.05) from the others. It was also observed that breads with increasing level of corn flour showed progressively decreasing level of bread volume. Mechanical dried corn flour breads gave higher volume than sun dried corn flour breads. The volume is the most important individual quality parameter used for evaluation of bread, because it is a quantitative measurement and correlates well with dough handling properties, crumb texture and freshness technological versatility [26].

The weight of bread with 5% mechanical (50°C) dried corn flour was significantly (P<0.05) higher (242.70 $\pm$ 1.30) than other breads except bread with 8% mechanical (50°C) dried corn flour which was (240.90 $\pm$ 1.90). It was observed that the weight of all the breads were significantly (P<0.05) higher than the control bread. The weight of corn flour breads were decreasing with the increasing level of corn flour. It was also found that the weight of mechanical dried corn flour breads were higher than sun dried corn flours. The variation in bread weight might be due to the fact that corn flour contained higher amount of solid matters compared to wheat flour.

Table 4 showed that the specific volume of control bread was  $(2.18\pm0.02)$  which is significantly (P<0.05) different from the others. The specific volume of sun dried corn flour breads was higher than mechanical dried corn flour flour breads. It was found that the specific volume of the breads was progressively decreased with increasing level of corn flour in bread formulation. This may be due to the baking quality of corn flour i.e. baking quality of corn flour is lower than wheat flour.

 Table 4. Effect of corn flour on volume, weight and specific volume of the breads

Types of bread	Volume of bread (CC)	Volume of bread (% of control)	Weight of bread (g)	Weight of bread (% of control)	Specific volume of bread (CC/g)
Wheat flour bread (Control bread)	$507.00{\pm}1.00^{a}$	$100.00 \pm 0.00^{a}$	231.90±1.90 <sup>d</sup>	$100.00\pm0.00^{a}$	$2.18{\pm}0.02^{a}$
Bread with 5% sun dried corn flour	499.00±2.02 <sup>b</sup>	98.42±0.54°	239.00±1.00 <sup>bc</sup>	103.10±2.72 <sup>a</sup>	$2.09 \pm 0.00^{b}$
Bread with 5% mechanical (50°C) dried corn flour	504.00±2.00 <sup>a</sup>	99.41±0.19 <sup>b</sup>	242.70±1.30ª	105.90±3.75 <sup>a</sup>	2.07±0.00 <sup>bc</sup>
Bread with 8% sun dried corn flour	491.00±2.00 <sup>d</sup>	96.84±0.20 <sup>e</sup>	237.30±1.00°	102.30±3.15 <sup>a</sup>	2.06±0.01°
Bread with 8% mechanical (50°C) dried corn flour	496.00±1.00 <sup>c</sup>	97.83±0.39 <sup>d</sup>	240.90±1.90 <sup>ab</sup>	103.80±3.46 <sup>a</sup>	2.05±0.01°

\*Mean values ± standard deviation (SD)

\*Means followed by different superscript letters with a row are significantly different (P<0.05).

С	haracteristics	Bread with 5% sun dried corn flour	Bread with 5% mechanical dried corn flour	Bread with 8% sun dried corn flour	Bread with 8% mechanical dried corn flour	Wheat flour bread (Control bread)
Gen	eral appearance	Flat smooth	Flat smooth	Flat smooth	Flat smooth	Flat smooth
Crust	Colour	Brown	Brown	Brown	Brown	Light brown
characteristics	Texture	Slightly crispy	Slightly crispy	Soft silky	Soft silky	Crispy
	Colour	Brown	Brown	Slightly brown	Slightly brown	White
Count	Texture	Soft silky	Soft silky	Soft	Soft	Soft silky
Crumb characteristics	Structure	Fine even	Fine even	Even	Even	Fine even
	Presence of larger air cell	Few	Few	Very few	Very few	Few
	Air cell size	Slightly larger	Slightly larger	Small	Small	Larger

Table 5. Crust and crumb characteristics of different breads

## **3.4. General Appearance, Crust and Crumb** Characteristics of Corn Flour Bread

The general appearance of the breads was shown in the Table 5. All the breads gave better appearance.

#### **3.4.1. Crust Characteristics**

The crust characteristics of the breads were presented in Table 5. The crust colour of sun and mechanical dried bread were similar (i.e. brown) except the control bread which had light brown. Crust colour is a result of the development of caramelozation during baking. The texture of crust applies to the condition of the crust and would vary somewhat with different types of bread. The crust texture of the control bread was crispy and 8 % sun and mechanical dried corn flour breads were soft silky. The overall crust characteristics of 5 % sun and mechanical dried corn flour breads were seemed to be better than that of others. Because, the crust of 5 % sun and mechanical dried corn flour breads were thin and easily broken.

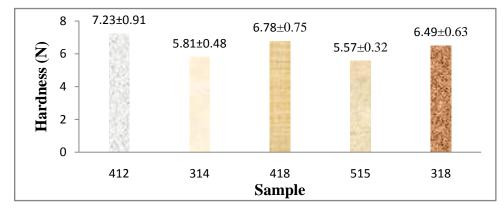
#### 3.4.2. Crumb Characteristics

Colour evaluation was made with interior slices. Table 5 showed that the crumb colour of control bread was whitish. The breads with 5 % sun and mechanical dried corn flour breads was brown colour and 8 % sun and mechanical dried corn flour breads had better crumb colour. But, crumb colour of corn flour breads was also attractive. From Table 5, the control bread and bread with 5 % sun and mechanical dried corn flour breads and bread with 5 % sun and mechanical dried corn flour breads gave soft silky texture. Bread with 8 % sun and mechanical dried corn flour breads gave soft texture. From acute observation it

was seen that the overall crumb texture of bread containing 5% corn flour was the best. The crumb structure of control bread and bread containing 5 % sun and mechanical dried corn flour were fine even whereas bread with 8% sun and mechanical dried corn flour were even. The overall crumb structure of 5 % sun and mechanical dried corn flour breads were seemed to be better than the others. The characteristics of the air cell which was observed were presented in Table 5. A few air cells present in control bread which were larger in size. The air cells in breads containing 5 % sun and mechanical dried corn flour breads were also few but they were slightly larger in size. Very few air cells were observed in 8 % sun and mechanical dried corn flour breads and they were small in size. The air cell size and uniformity was relatively standard with the differences probably resulting from inexperienced dough handling rather than the effect of the supplements.

# 3.5. Effect of Bread Flour on Hardness of Bread

The product inner structure was evaluated by texture analysis. All the four corn flour bread samples along with the control sample were assessed to characterize the crumb in terms of texture (Figure 2). The bread produced with the commercial flour showed high values of hardness (7.23 $\pm$ 0.91). Then, the mechanical dried (50°C) corn flour breads got the second (6.78 $\pm$ 0.75) and third (6.49 $\pm$ 0.63) position. The sun dried corn flour breads secured the lowest position due to the difference in drying conditions. Moreover, 8% sun and mechanical dried corn flour breads as a result of increased percentage of corn flour.



\*Mean values ± standard deviation (SD)

[Here, 412 = Control bread (100 % Wheat flour), 314= Bread with 95% wheat flour and 5% sun dried corn flour, 418 = Bread with 95% wheat flour and 5% mechanical dried corn flour, 515 = Bread with 92% wheat flour and 8% sun dried corn flour, 318 = Bread with 92% wheat flour and 8% mechanical dried corn flour]

#### **3.6. Sensory Evaluation of Breads**

Bread samples containing sun and mechanical dried corn flour and control bread were subjected to sensory evaluation. For evaluation of breads, the external and internal parameters were collected from the bread score report as used by the American Institute of Baking. These parameters were used to assess the acceptability of breads containing 5% and 8% sun and mechanical dried corn flour. The mean score for external, internal parameters and total score of the samples were given in Table 6.

Sample	External parameters	Internal parameters	Total score
412	24±0.50 <sup>a</sup>	58±1.00 <sup>b</sup>	82±1.75 <sup>b</sup>
314	25±1.00 <sup>a</sup>	$61{\pm}1.50^{a}$	86±2.5 <sup>ab</sup>
418	26±2.00 <sup>a</sup>	$63 \pm 2.00^{a}$	$89{\pm}4.00^{a}$
515	20±1.00 <sup>b</sup>	53±0.50°	73±0.50°
318	21±1.50 <sup>b</sup>	55±1.00°	76±2.50°

Table 6. Mean sensory score of breads

\*Mean values ± standard deviation (SD)

\*Means followed by different superscript letters with a row are significantly different (P<0.05)

[Here, 412 =Control bread (100 % Wheat flour), 314 =Bread with 95% wheat flour and 5% sun dried corn flour, 418 =Bread with 95% wheat flour and 5% mechanical dried corn flour, 515 =Bread with 92% wheat flour and 8% sun dried corn flour, 318 =Bread with 92% wheat flour and 8% mechanical dried corn flour].

Statistical analysis on the response of taste panel of external parameters of corn flour breads showed that all the samples were not significantly (P < 0.05) different. Control bread and 5 % sun and mechanical dried corn flour breads are significantly (P < 0.05) different from 8 % sun and mechanical dried corn flour breads. 5 % mechanical dried corn flour bread was got the highest score  $(26\pm2.00)$  as seen from Table 6. Sample 515 got the lowest score (20±1.00) and was equally acceptable as sample 318 securing (21±1.50). For internal parameters 5 % sun and mechanical dried corn flour breads were significantly (P < 0.05) different from control bread and 8 % sun and mechanical dried corn flour breads. Again, the highest score  $(63\pm2.00)$  was obtained by 418 and was successively followed by sample 314, 412 and 318 with score (61±1.50), (58±1.00) and (55±1.00) respectively, while the lowest score  $(53\pm0.50)$  was given by sample 515.

Total score obtained by 5 % sun and mechanical dried corn flour breads were significantly (P < 0.05) different from control bread and 8 % sun and mechanical dried corn flour breads Table 6. It was seen that samples maintained similar position as acceptability and sample 418 secured the highest score (89±4.00). This was successively followed by sample 314 with score (86±2.5). Thus it was seen that at 5 % substitution level mechanically dried (50°C) flour with 3.54 fineness modulus gave the highest score and was closely followed by sun dried corn flour at similar substitution level. Control bread however obtained  $3^{rd}$  position and significantly (P < 0.05) different from other breads. With 8 % substitution level mechanical dried corn flour bread that secured 4<sup>th</sup> position with a score (76±2.50) and 8% sun dried corn flour bread got the lowest score ( $73\pm0.50$ ). With the increasing presentence of corn flour from 5 % to 8 %, the acceptability was decreasing. Further experiments can be done for the

preparation of corn flour breads to study the effect of other ingredients on corn flour breads.

## 4. Summary and Conclusion

Although bread and similar baked products made from wheat flour are consumed worldwide, some individuals are intolerant to gluten of wheat. Gluten is the protein complex, which gives dough the viscid property, none in oats, barley, maize and rice. Thinking about this point, maize flour was mixed with the wheat flour to minimize the effect of gluten content. After grinding and sieving analysis 50°C mechanical dried corn was used for bread preparation because of its acceptable value of fineness modulus and co-efficient of determination than others along with sun dried and control sample. Control and mechanical dried sample showed higher hardness than the sun dried samples. The overall crust and crumb characteristics of 5 % mechanical dried (50°C) corn flour breads seemed to be better than that of others. From sensory analysis, 418 got the highest score for external and internal parameters and which was 5 % mechanical dried (50°C) corn flour bread. For total score, the samples maintained similar position as acceptability and sample 418 secured the highest score (89±4.00). Thus it is seen that at 5 % substitution level mechanically dried (50°C) flour gave the highest score and closely followed by sun dried corn flour at similar substitution level. The acceptability was decreasing, with the increasing proportion of corn flour from 5 % to 8 %.

## Acknowledgements

The authors convey gratefulness to NST authority as the research was provided with immense support by a research fellowship from NST (National Science and Technology), Ministry of Science and Technology, Government of the People's Republic of Bangladesh.

## Nomenclature

AOAC	: Association of Official Analytical Chemists
ANOVA	: Analysis of variance
FAO	: Food and Agriculture Organization (United
	Nations)
g	: Gram
ml	: Milliliters

ml	: Milliliters
%	: Percentage

°C : Degree Celsius

SPSS : Statistical Package for Social Science

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